



# Satin Balls

All ingredients are uncooked – RAW – and served raw.

## Satin Balls for Little Dogs -- or to try out recipe on your dog to see if he will eat it.

- 1 lb cheap hamburger (for high fat %)
- 1 and 1/3 cups Total cereal
- 1 and 1/2 cups uncooked oatmeal
- 1 raw egg
- 6 Tablespoons wheat germ
- 1 package Knox unflavored gelatin
- 2 Tablespoons vegetable oil
- 2 Tablespoons unsulfured molasses
- Pinch of salt

### Satin Balls Full Recipe

- 10 lbs cheap hamburger (high fat %)
- 1 large box Total cereal (about 12 cups cereal)
- 1 large box uncooked oatmeal (about 15 cups oats)
- 10 raw eggs
- 1 15oz jar wheat germ
- 10 packages Knox unflavored gelatin
- 1 and 1/4 cup vegetable oil
- 1 and 1/4 cup unsulfured molasses
- Pinch of salt

### Satin Balls Half Recipe

- 5 lbs cheap hamburger (for high fat %)
- 1/2 large box Total cereal (about 6 cups cereal)
- 1/2 large box uncooked oatmeal (about 7.5 cups oats)
- 5 raw eggs
- 1/2 of 15oz jar wheat germ (about 2 cups)
- 5 packages Knox unflavored gelatin
- 5/8 cup vegetable oil (this is pretty close to 2/3 cup)
- 5/8 cup unsulfured molasses
- Pinch of salt

#### Notes:

- Use a plastic kitchen trash bag or a very big bowl- unscented to mix a full recipe.
- "Whole Wheat Total" cereal (blue box) comes in large 1 lb 2 oz size (about 12 cups settled) and a smaller 12 oz size (about 8 cups cereal), which would work in Little Dog or Half Recipe. But in the long run, the large size is more economical. Don't get Raisin Total or Lo Carb. Total.
- Uncooked Oatmeal like "Quaker Old Fashioned Oats" and less expensive supermarket house brand, come in large 2 lb 10oz size (15 cups oats) or smaller 18 oz size (about 7 cups oats).
- 15oz jar of wheat germ is about 4 cups. Some stores only carry a 12oz jar of wheat germ, which contains about 3 and 1/4 cups of it.
- Vegetable oil or olive oil-- use a good one.
- Freeze the balls and thaw what is needed in the refrigerator.